

The First Journey to the South Pole

#				EXAMPLE
1	century	asrlar, yuz yillik	века, столетия	This bridge was built in the nineteenth century .
2	remote <i>adjective</i>	chekka, uzoq	отдалённый	They live in a remote village high in the mountains.
3	dangerous <i>adjective</i>	xavfli	опасный	Driving on icy roads is very dangerous .
4	bottom <i>noun</i>	tub, pastki qism	дно, низ	Write your name at the bottom of the page.
5	middle <i>noun</i>	o'rta	середина	There is a fountain in the middle of the park.
6	freeze <i>adjective</i>	muzlagan	замёрзший	The lake freezes in January.
7	temperature	harorat	температура	Check the baby's temperature — she feels hot.
8	lead <i>verb</i>	boshqarmoq, yetaklamoq	вести, руководить	She leads a team of ten engineers.
9	explorer	sayohatchi, tadqiqotchi	исследователь, путешественник	The explorer wrote a book about his travels in Africa.
10	make history <i>verb</i>	tarix yaratmoq	войти в историю	She made history as the first woman to win the race.
11	journey <i>noun</i>	sayohat, safar	путешествие	The journey across the desert took three days.
12	travel <i>verb</i>	sayohat qildi, yo'l bosib o'tdi	путешествовали	We travelled through five countries by train.
13	kilometre	kilometr	километр	I run five kilometres every morning.
14	ski <i>noun</i>	chang'i	лыжи	He broke his leg while skiing in Chimgan.
15	dog sled <i>noun</i>	it chana	собачья упряжка	In the far north, people still travel by dog sled .
16	deal with <i>verb</i>	hal qilmoq, kurashmoq	справляться с	Our teacher knows how to deal with difficult students.
17	freezing <i>adjective</i>	muzlatuvchi, juda sovuq	ледяной, морозный	The water in the mountain lake was freezing .
18	crack <i>noun</i>	yoriqlar	трещины	There's a long crack in the wall after the earthquake.
19	risk <i>noun</i>	xavf, tavakkal	риск	There's a risk of rain this afternoon.
20	run out of <i>verb</i>	tugab qolmoq	заканчиваться, израсходовать	We ran out of milk, so I went to the shop.
21	plan <i>verb</i>	rejalashtirdi	планировал	We planned our trip to Bukhara very carefully.
22	carefully <i>adverb</i>	ehtiyotkorlik bilan, puxta	тщательно, осторожно	Read the questions carefully before you answer.
23	experienced <i>adjective</i>	tajribali	опытный	We need an experienced driver for the mountain roads.
24	train <i>verb</i>	mashq qildirdi, o'qitdi	тренировал, обучал	The coach trains the team three times a week.
25	harsh <i>adjective</i>	og'ir, shafqatsiz	суровый	The winters in Siberia are long and harsh .
26	condition <i>noun</i>	sharoit	условия	Workers there live in very poor conditions .

27	set up <i>verb</i>	o'rnatmoq, tashkil qilmoq	устанавливать, разбивать	We set up our tent next to the river.
28	camp <i>noun</i>	lagerlar	лагеря	The soldiers built a camp near the river.
29	store <i>verb</i>	saqlamoq	хранить	We store potatoes in a cool, dark place.
30	supply <i>noun</i>	zaxira, ta'minot	припасы	The village gets its water supply from the mountains.
31	pull <i>verb</i>	tortmoq	тянуть	Two horses pulled the cart.
32	equipment <i>noun</i>	jihaz, anjomlar	оборудование, снаряжение	You need special equipment to go diving.
33	survive <i>verb</i>	omon qolmoq, yashab qolmoq	выживать	Camels can survive for weeks without water.
34	extreme <i>adjective</i>	haddan tashqari, keskin	экстремальный, крайний	Some animals can live in extreme heat.
35	plant <i>verb</i>	o'rnatdi (bayroqni)	водрузил(и)	The climbers planted a flag at the top of the mountain.
36	prove <i>verb</i>	isbotlamoq	доказывать	Can you prove that you were at home?
37	teamwork <i>noun</i>	jamoaviy ish	командная работа	Good teamwork helped us win the competition.
38	succeed <i>verb</i>	muvaqqiyatga erishmoq	добиться успеха	If you work hard, you will succeed .
39	courage <i>noun</i>	jasorat	смелость, мужество	It takes courage to speak in front of a big audience.
40	determination <i>noun</i>	qat'iyat	решимость	With determination , you can learn any language.

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