

Why Reading Fiction Is Good for the Brain

#				EXAMPLE
1	fiction <i>noun</i>	badiiy adabiyot	художественная литература	I prefer fiction to biographies.
2	entertainment <i>noun</i>	ko'ngilochar narsa	развлечение	TV is the main form of entertainment in many homes.
3	escape <i>noun</i>	chalg'ish, kundalik hayotdan qochish	бегство (от реальности)	Books are my escape from a busy day.
4	connection <i>noun</i>	aloqa	связь	I feel a strong connection with this character.
5	researcher <i>noun</i>	tadqiqotchi	исследователь	Researchers found that music reduces stress.
6	novel <i>noun</i>	roman	роман	'O'tkan kunlar' is one of the most famous Uzbek novels .
7	finding <i>noun</i>	natija, xulosa (tadqiqot)	результат, вывод	The findings of the study were surprising.
8	empathy <i>noun</i>	hamdardlik, boshqalarni his qilish	эмпатия, сопереживание	Good doctors show empathy to their patients.
9	character <i>noun</i>	personaj, qahramon	персонаж	Who is your favourite character in the book?
10	essentially <i>adverb</i>	aslida, mohiyatan	по сути	The two plans are essentially the same.
11	imagine <i>verb</i>	tasavvur qilmoq	представлять	I can't imagine living without music.
12	experience <i>noun</i>	kechinma, taassurot	переживание, опыт	Moving abroad was a strange experience .
13	interpret <i>verb</i>	talqin qilmoq, tushunmoq	истолковывать	How do you interpret the ending of the film?
14	emotion <i>noun</i>	his-tuyg'u	эмоция	Music can bring out strong emotions .
15	intention <i>noun</i>	niyat	намерение	I had no intention of hurting you.
16	strengthen <i>verb</i>	mustahkamlamoq	укреплять	Regular exercise strengthens the heart.
17	cognitive <i>adjective</i>	aqliy, bilishga oid	когнитивный, умственный	Puzzles improve cognitive skills.
18	plot <i>noun</i>	syujet	сюжет	The film has a very exciting plot .
19	multiple <i>adjective</i>	ko'plab, bir nechta	многочисленный	The test has multiple choice questions.
20	storyline <i>noun</i>	syujet	сюжетная линия	The series has a very complicated storyline .
21	information <i>noun</i>	ma'lumot	информация	It's hard to remember so much information .
22	working memory <i>noun</i>	operativ xotira	рабочая память	Working memory helps you follow a conversation.
23	vocabulary <i>noun</i>	lug'at boyligi	словарный запас	Reading builds your vocabulary .
24	language <i>noun</i>	til	язык	Body language tells you a lot about a person.
25	expose <i>verb</i>	tanishtirmoq, duch keltirmoq	знакомить, подвергать	Travel exposes children to new cultures.
26	sentence <i>noun</i>	gap	предложение	Write a sentence using each new word.
27	vivid <i>adjective</i>	yorqin, jonli	яркий, живой	I have vivid memories of my first day at school.

28	action <i>noun</i>	harakat	действие	Babies learn by copying actions .
29	grasp <i>verb</i>	mahkam ushlamoq	хватать, сжимать	She grasped my hand tightly.
30	region <i>noun</i>	qism, soha (miyada)	область, участок	Different regions of the brain control different skills.
31	simulate <i>verb</i>	taqlid qilmoq, modellash-tirmoq	имитировать, моделировать	Pilots train in machines that simulate real flights.
32	gripping <i>adjective</i>	maroqli, qiziqarli	захватывающий	It's a gripping detective story.
33	immersive <i>adjective</i>	o'ziga butunlay tortadigan	захватывающий, с эффектом погружения	The museum's VR show is very immersive .
34	benefit <i>noun</i>	foйда	польза	Reading has many benefits for children.
35	habit <i>noun</i>	odat	привычка	Good reading habits start at home.
36	vary <i>verb</i>	farq qilmoq, har xil bo'lmoq	различаться	Prices vary from shop to shop.
37	evidence <i>noun</i>	dalil	доказательства	There's strong evidence that exercise helps memory.
38	idle <i>adjective</i>	bekorchi, foydasiz	праздный, бездейственный	He spent the summer in idle pleasure.
39	genuinely <i>adverb</i>	chindan	по-настоящему	She is genuinely interested in history.
40	part <i>noun</i>	qism	часть	This part of the city is very quiet.

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