

Race Day

#				EXAMPLE
1	race <i>noun</i>	poyga	гонка	My brother won the 100-metre race .
2	organiser <i>noun</i>	tashkilotchi	организатор	The organiser of the trip gave us a map.
3	explain <i>verb</i>	tushuntiradi	объясняет	Our teacher explains grammar very clearly.
4	rule <i>noun</i>	qoida	правило	You must follow the school rules .
5	wear <i>verb</i>	kiymoq	носить	You must wear a helmet on a bike.
6	station <i>noun</i>	bekat	пункт	There's a water station every two kilometres.
7	listen <i>verb</i>	tinglamoq	слушать	Listen carefully to the instructions.
8	keep <i>verb</i>	saqlamoq	держат	Please keep the door closed.
9	instruction <i>noun</i>	ko'rsatma	инструкция	Read the instructions before you start.
10	runner <i>noun</i>	yuguruvchi	бегун	She's the fastest runner in our school.
11	afraid <i>adjective</i>	afsuski	боюсь (сожалею)	I'm afraid the shop is closed now.
12	registered <i>adjective</i>	ro'yxatdan o'tgan	зарегистрированный	Only registered students can take the test.
13	allow <i>verb</i>	ruxsat berilgan	разрешено	Phones are not allowed in the exam room.
14	course <i>noun</i>	yo'nalish	трасса	The race course goes through the park.
15	safety <i>noun</i>	xavfsizlik	безопасность	For your safety , wear a seatbelt.
16	check <i>verb</i>	tekshiradi	проверяет	The doctor checks my heart every year.
17	within <i>preposition</i>	ichida (vaqt)	в течение	Please reply within two days.
18	volunteer <i>noun</i>	ko'ngilli	волонтер	She works as a volunteer at the hospital.
19	remind <i>verb</i>	eslatadi	напоминает	My phone reminds me to drink water.
20	nervous <i>adjective</i>	asabiy	нервный	He gets nervous when he speaks in public.
21	begin <i>verb</i>	boshlanadi	начинается	The lesson begins at nine.
22	steadily <i>adverb</i>	izchil ravishda	стабильно	Prices are rising steadily .
23	halfway <i>adverb</i>	yarim yo'lda	на полпути	We stopped for lunch halfway to Samarkand.
24	stranger <i>noun</i>	notanish odam	незнакомец	A stranger helped me find the station.
25	energy <i>noun</i>	energiya	энергия	Children have so much energy !
26	cross <i>verb</i>	kesib o'tadi	пересекает	The road crosses the river here.
27	exhausted <i>adjective</i>	juda charchagan	измождённый	I was exhausted after the long day.
28	proud <i>adjective</i>	faxrlangan	гордый	We're very proud of our team.
29	catch <i>verb</i>	tiklamoq (nafas)	переводить (дыхание)	After the run, he was catching his breath.
30	believe <i>verb</i>	ishonmoq	верить	I can't believe it's already October!